

## Latest arrangements for sports facilities as of 16 Nov 2020

With reference to the latest regulations set by the Government, below are the updated arrangements on opening of sports facilities with effect from 16 November 2020. The new arrangements are displayed in **RED**.

Facilities	Opening Hours	Remarks
Badminton Court 1-6 [S H Ho Sports Hall] & Badminton Court 1 & 2 [Tsang Shiu Tim Sports Center]	9am-10pm	2 players per court (1 on each side). Masks off during exercise. <b>4 players per court (2 on each side). Masks on during exercise if 1.5m social distance cannot be maintained.</b>
Table-tennis Table 1-6 [LG 1031] & Table-tennis Table 1-6 [Tsang Shiu Tim Sports Center]	9am-10pm	2 players per table (1 on each side). Masks off during exercise. <b>4 players per table (2 on each side). Mask on during exercise as 1.5m social distance cannot be maintained.</b>
LG4 Fitness Center	7am – 10pm	Inner Room: 29 users Free Weight Training Zone: 9 users Outer Room: 13 users Masks off during exercise.
All Squash Courts	8am-10pm	1 player per court. Mask off during exercise. <b>2 players per courts. Mask on during exercise as 1.5m social distance cannot be maintained.</b>
Sport Climbing	8am -10pm	2 players per lane. Mask off during exercise.
Indoor Basketball/Volleyball courts/Team games	9am-10pm	The maximum number of players will keep as the number of persons including players and referees as in competition. <b>Mask on during exercise.</b>
Soccer Pitch in FOK Ying Tung Sports Center	7am-10pm	The maximum number of players will keep as the number of persons including players and referees as in competition. Mask off during exercise.
Running track in FOK Ying Tung Sports Center	7am -10pm	Mask off during exercise.

Facilities	Opening Hours	Remarks
All Tennis Courts	Normal opening hours	4 players per court (2 on each side). Masks off during exercise.
Indoor Swimming Pool	7:30am – 9:30pm (Cleaning break from 2pm to 3pm)	<b>54 users at any one time on first-come-first-serve basis (50% of the maximum capacity).</b>

In addition to our rules and regulations, the following measures are adopted at the Sports Facilities to reduce the risk of the spread of the COVID-19 virus:

1. All users must check their body temperature at the entrance counters. Users with fever or respiratory symptoms shall not use the sports facilities.
2. Users must register with their HKUST ID cards and check-in time at the entrance counters.
3. **All spectator stands will maintain 75% of capacity.**
4. All users must always maintain 1.5m social distance and wear face masks before and after exercise.
5. Special measures will be adopted such as opening alternate shower cubicles or shower heads, use of alternate lockers, avoiding face-to-face situation when using seating racks or benches inside changing rooms, keeping windows and exhausted fans open, and stepping up regular cleaning of the shower cubicles, lockers and public area.
6. Please stop exercise immediately and seek help from our staff if you are not feeling well when doing exercise with face mask.