

New Arrangements for LG4 Fitness Center

With effect from 3rd March 2023, following arrangements will be adopted to strike a balance of high demand of Fitness Facilities in LG4 and the effective use of Free Weight Training Room:

1. The Free Weight Training Zone and Outer Zone will be merged into one area so that users would have more options and flexibility in using different weight training equipment and aerobic machines.
2. Two check-in counters, one for Inner Room and one for “Free Weight Training and Outer Zone”, will be set up to speed up the check-in process.
3. The daily cleaning break from 2pm to 3pm will be cancelled and open for booking of use.

Thanks for your attention!

Sports Development

DSTO

2 March 2023