

## Self-Leadership Program Schedule (Spring 2024)



^ Each program participant will receive a personalized Lumina Spark Portrait and debriefing by certified a Lumina Practitioner upon completion of the Lumina Spark Psychometric Assessment.

### English Session

#### Face-to-face

#### Event & Theme

22 Feb (Thu)  
6:30 – 8pm

#### My Values and Beliefs

#WhySelfLeadership #WhatIsImportantToMe #AmIWhoISayIAm

29 Feb (Thu)  
6:30 – 8pm

#### My Superpower^ (Lumina Spark Debriefing)

#MyPortrait #MyTrueColors #MyInnerSpark

7 Mar (Thu)  
6:30 – 8:30pm

#### Team Building Fun

#WhyATeam #MyRoleAndContribution #TimeToHaveFun

### One-on-One Advising

Individual schedule is to be arranged with Trainer. Attend at least one session.

11 Apr (Thu)  
6:30 – 8pm

#### Be Kind to Yourself

#WhatWhyHow #AmIGoodToMyself #BefriendMyself

18 Apr (Thu)  
6:30 – 8pm

#### Self-visualization & Motivation

#ExploreOptions #SuccessImage #BecomeWhoIWantToBe

This is a HMAW1905-recognized program in the "Personal Enrichment & Community Service" category under the "Self-directed Experience" of HMAW1905.



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Academic Building (Lift 3)

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