

Fok Ying Tung Sports Center – Running Tracks

Reminder on Unattended Access Hours

Effective 1 September 2026, the running track at Fok Ying Tung Sports Center will have extended hours.

Unattended Access Hours: 2200 – 0630 Daily

No staff will be on duty during these hours.

Conditions of Use During Unattended Access Hours:

- **Permitted Activity:** Only walking and jogging are permitted on the running tracks.
- **Lighting:** Minimal lighting will be provided. Users should be aware of reduced visibility and exercise caution.
- **Noise:** Please respect residents nearby and minimize noise.
- **Personal Fitness:** Exercise according to your physical condition and needs.
- **Facilities:** Main changing rooms will remain closed. Limited toilet facilities will be opened.
- **Restricted Areas:** Do not enter the artificial-turf soccer pitch nor the spectator areas.
- **Property Damage:** Wilful damage to university property is classified as serious misconduct and carries strict disciplinary actions.
- **Safety & Emergencies:** Please stay cautious and prioritize your safety. In case of any issues or emergencies, contact our security office immediately at **2358 8999**. If you cannot reach security, call emergency services directly.
- **Rule Violations:** The University reserves the right to suspend users who violate these rules for using sports facilities.

Your cooperation is appreciated.

Sports Development
Dean of Students' Office
1 September 2026