

Enhanced Access to Sports Facilities: New Opening Hours from 1 September 2026

Dear HKUST Community,

Please be informed of the following opening arrangements for our sports facilities effective from 1 September 2026:

Name of Sports Facility	Existing Opening Hours	Updated Opening Hours
S. H. Ho Sports Hall	0900–2200	0800–2200
LG1031 Table Tennis Room	0800–2200	0700–2200
LG1027 - Multi-purpose Room	0800–2200	0700–2200
LG1 Lobby	0800–2200	0700–2200
Squash Court No. 1-3	0800–2200	0700–2200
LG4 Fitness Center	0700–2200	0700–2200
LG4204 - Multi-purpose Room for Sports	0800–2200	0700–2200
LG4 Sport Climbing Wall	0800–2200	0700–2200
Swimming Pool	0730–2130	0730–2130
Tsang Shiu Tim Sports Center – Arena	0900–2200	0800–2200
Tsang Shiu Tim Sports Center – Exercise Zoom, Exercise Room & Table Tennis Room	0800–2200	0700–2200
Fok Ying Tung Sports Center – Artificial-turf Soccer Pitch	0700–2200	0700–2200
Fok Ying Tung Sports Center – Running Track	0630–2200	0630–2200 (Attended) / 2200–0630 (Unattended)[!]
Multi-soccer Pitch and Outdoor Basketball Court	0700–2200	0700–2200
Tennis Court No 1 & 2	0700–2200	0700–2200
Tennis Court No 4, 7 & 8	0700–2100	0700–2100

[!] Key: Critical safety and usage information. Please read carefully in the notes section.

***Notes:**

1. The Fok Ying Tung Sports Center is open with sports attendants on duty for service and support from 0630 to 2230 daily.
2. The Fok Ying Tung Sports Center running tracks are available for walking and jogging only from 2200 to 0630 daily. During this unattended access period, please be aware that there is no staff present to provide assistance, first aid, or immediate support. Users are responsible for their own safety and emergencies and should have a charged mobile phone readily available to contact campus security or emergency services. Users are reminded to exercise at their own risk. Please exercise caution and consider exercising with a buddy during these hours.
3. No other activities are allowed on the artificial-turf soccer pitch when the Fok Ying Tung Sports Center is operating in unattended access mode. This restriction is in place to ensure the safety and preservation of the pitch, to prevent potential damage or misuse of the facility, and to minimize noise disturbance to surrounding areas and stakeholders on campus.

We appreciate your cooperation and look forward to welcoming you to the sports facilities.

Sports Development
Dean of Students' Office
1 September 2026